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Prospective case-series analysis of haematological malignancies in goldmining areas in South Africa

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Background. South Africa (SA) has a long history of goldmining that has resulted in locally high levels of environmental contamination from uranium and its decay products (radium-226 and radon-222) from the mine tailings. Populations living around mine tailings of the Witwatersrand goldfields may be exposed through various pathways, raising concern about potential health risks associated with haematological malignancies (HMs), for which evidence is inconclusive.

Objectives. We designed a prospective case-series study of HMs at Chris Hani Baragwanath Academic Hospital (CHBAH), Johannesburg, the major public hospital in the area, to describe demographic and clinical characteristics, lifetime residential history and potential environmental uranium exposure pathways.

Methods. All patients, male and female, aged ≥ 18 years and newly diagnosed with any form of leukaemia, lymphoma or myeloma at the CHBAH Haematology Unit in 2014 and 2015 were considered for inclusion in the study. Information on uranium exposure pathways and lifetime residential history was recorded from interviewer-administered questionnaires. These characteristics were described overall and according to subtypes of HM.

Results. Of 556 patients with HMs diagnosed in 2014 and 2015 at CHBAH, 189 patients aged 18 - 90 years were interviewed, mainly with non-Hodgkin's lymphoma (NHL) (37.6%), leukaemia (32.8%) and Hodgkin's lymphoma (HL) (13.8%). HIV status was positive for 39.2% of the patients, mostly with NHL and HL. Potential environmental uranium exposure pathways were identified. Working on goldmines was reported by 12 patients (6.3%). Consumption of soil (geophagia) was a habit of 51 patients (27.0%), particularly during pregnancy. Drinking water was mainly piped water (76.6% in childhood and 97.9% in adulthood). Animal products and vegetables were most frequently obtained from stores (82.0% and 68.7%, respectively, in childhood and 96.3% and 83.6% in adulthood). Patients were referred to CHBAH by government clinic doctors (44.4%), referral hospitals (24.3%) and private doctors (20.1%). Most participants had been born and lived in Gauteng Province and Soweto (94.7% and 58.2%, respectively), and reported two lifetime places of residence on average and living at their current residence for ≥ 20 years (49.2%).

Conclusions. We identified potential environmental uranium exposure pathways (occupational, lifestyle related and domestic) among patients with HMs that could have resulted in increased uranium exposure. HIV is common among patients with HMs. Together with the results from a previous retrospective case series of HMs at CHBAH (2004 - 2013), our findings suggest that further research on environmental uranium exposure in mining areas and HM risk in residents is warranted.

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South Africa (SA) has a long history of goldmining and milling, and it has been estimated that as an unwanted side product 100 000 tons of uranium were contained in mine tailing deposits in the two goldfields in the Witwatersrand basin.^[1] Locally high levels of environmental contamination from uranium and its decay products, clearly linked to mining activity, have consequently been reported in water, soil, sediment and dust, reaching between 50 and 100 times the background levels.^[1,2] This situation has raised concern about long-term health risks, including cancer, associated with chronic environmental uranium exposure.^[1]

Uranium is a natural and dense metal widespread in the environment and consists of three isotopes (234U, 235U and 238U)

that emit alpha- and beta-radiation.^[3] Uranium decay products include radium-226 and radon-222, which are also radioactive elements. In 2009, the International Agency for Research on Cancer (IARC) classified alpha- and beta-particle emitters as carcinogenic to humans (group 1), in particular radium-226, with sufficient evidence for bone sarcoma and carcinoma of the paranasal sinus and mastoid process, and radon-222, with sufficient evidence for lung cancer.^[3,4] Associations between uranium and its decay products and risk of haematological cancers have been hypothesised, although evidence is inconclusive.^[5] Positive associations have been observed for cumulative radon exposure and risk of leukaemia in cohorts of uranium miners,^[3,6] for radium-226 concentration in groundwater

supplies and leukaemia incidence,^[7] and for uranium concentration in drinking water and non-Hodgkin's lymphoma (NHL) incidence.^[8] However, other studies did not find increased risks of haematological cancers associated with uranium, radium or radon exposure.^[9-12]

Populations living in the vicinity of mine tailings of the Witwatersrand goldfields in SA may be exposed to uranium and its decay products from the tailings through various pathways, including drinking of contaminated water, ingestion of foodstuffs grown in contaminated areas, and inhalation of dust. Direct consumption of soil represents another exposure pathway, either intentionally (geophagia, prevalent among pregnant women) or unintentionally (hand-to-mouth contact between children).^[13,14] To our knowledge, no epidemiological study has ever been conducted among the exposed populations living around the tailings in relation to cancer risk. In 2013, a workshop focusing on research into environmental radiation exposure resulting from mining activities and risk of radiation-related cancers in SA recommended conducting pilot studies to describe the populations living around mine tailings, pointing out the importance of understanding cancer referral patterns and subjects' mobility, the feasibility of recording residential histories, and the collection of factors that may modify cancer risk (e.g. HIV status).^[15]

Objectives

This article reports the second, prospective, component of a case-series study of haematological cancer patients at Chris Hani Baragwanath Academic Hospital (CHBAH), SA. Our objectives were to describe the demographic and clinical characteristics and spatial distribution of patients newly diagnosed with a haematological malignancy (HM) and to assess the feasibility of collecting additional information on potential environmental uranium exposure pathways via interviewer-administered questionnaires. The case-series study also aimed to contribute to inform on whether a cancer epidemiological study on the association between environmental uranium exposure and haematological cancer risk is feasible in this setting.

Methods

Participants and study design

We analysed data from a 2-year prospective case-series study of HMs conducted at CHBAH in Soweto, Johannesburg. CHBAH is a tertiary public hospital, the largest in sub-Saharan Africa, serving the inhabitants of Soweto and others living in the Western, Far Western and Central basins and receiving patients from referral hospitals up to 150 km away. All patients, male and female, aged ≥ 18 years and newly diagnosed with any form of leukaemia, lymphoma or myeloma at the Haematology Unit in 2014 and 2015 were considered for inclusion in the study, after signing an informed consent form. Participants were asked to complete a second informed consent to access their HIV status, which is routinely collected at the clinic. Individuals who did not agree to give access to their HIV status were still included in the study. The study was approved by the University of the Witwatersrand Human Research Ethics Committee (ref. no. M140256) and the IARC Ethics Committee (ref. no. 14-19).

Data collection

Information on clinical characteristics (date of diagnosis, histology, stage and site) was extracted from outpatient and inpatient files. The diagnoses were coded according to the ICD-O-3 (*International Classification of Disease for Oncology*, 3rd edition^[16]) and grouped into five broad disease categories: Hodgkin's lymphoma (HL), NHL, leukaemia, myeloma and myelodysplastic/myeloproliferative

neoplasm (MDS/MPN). HIV status was ascertained from records of consenting participants. A structured questionnaire was administered to the participants by a trained study nurse during routine clinical visits at CHBAH; study investigators provided oversight to ensure the quality of data collection. Data collected comprised sections on demographic factors (gender, date of birth and ethnicity), current residence (complete address and geographical information system (GIS) co-ordinates) and housing characteristics, residential history (district, city, province and country) for five age periods (birth, 0 - 14 years, 15 - 29 years, 30 - 44 years, and 45 years to present), sources of drinking water and food for two age periods (childhood: 0 - 14 years and adulthood: 15 years to present), geophagia, education, brief occupational history including items on the mining industry, and other cancer risk factors (tobacco and radiation). Sequential study numbers were assigned to each record to be used as anonymised study ID.

Statistical analysis

Questionnaire data were merged with clinical information. Descriptive analyses were performed to describe the distribution of factors such as sources of drinking water and food, housing characteristics, residential history, smoking, soil consumption, work history on mines and referral patterns, overall and by subtypes of HMs, using means and standard deviations (SDs) for continuous covariates and frequencies and percentages for categorical covariates.

Data analysis was performed at the IARC (Lyon, France) with anonymised data, using SAS statistical software version 9.3 (SAS Institute, USA).

Results

General and clinical characteristics

A total of 556 haematological cancer patients were diagnosed at CHBAH in 2014 and 2015, mainly with NHL (44.8%), followed by leukaemia (24.5%), HL (14.0%), myeloma (12.2%) and MDS/MPN (4.5%). The most common histological subtypes of NHL were diffuse large B-cell lymphoma (36.5%), Burkitt's lymphoma (BL) (12.7%) and plasmablastic lymphoma (12.3%). Of the 556 haematological cancer patients, 200 were interviewed (36.0%). Reasons for the low number of interviewed patients included refusals, that many patients, who may have been inpatients, were too ill to be interviewed, and that some of them subsequently died and were therefore not interviewed. In addition, after their initial diagnosis and discharge some patients may not have returned for further follow-up to the outpatient clinic, where it was easier to interview patients. Of those interviewed, we excluded 4 patients who were already registered in a previous retrospective case-series study conducted over the period 2004 - 2013^[17] and 7 for whom a diagnosis could not be confirmed. The final study sample comprised 189 eligible patients.

Participants were aged 18 - 90 years at diagnosis, and were mostly from black African ethnic groups (35.5% Zulu, 19.6% Sotho, 10.6% Xhosa and 13.8% others). There were more male than female participants (gender ratio 1.1 males to females). With regard to tobacco smoking habits, 38.1% of participants had ever smoked for at least 6 months and 9.7% of them were current smokers at the time of the interview. Eight patients (4.2%) had received radiation treatment for a prior malignancy and 186 (98.4%) had ever had a scan, including X-ray, computed tomography scan and magnetic resonance imaging scan. All participants consented to give access to their HIV status; 39.2% were HIV-positive (Table 1).

NHL was the most frequent cancer diagnosed in the study population (37.6%), followed by leukaemia (32.8%), HL (13.8%)

Table 1. Demographic, clinical and uranium-related exposure characteristics of patients from the prospective case series of haematological malignancies at CHBAH, SA, 2014 and 2015

	Haematological cancer patients (N=189), n (%)
Demographic and clinical information	
Gender	
Male	98 (51.9)
Female	91 (48.1)
Age at diagnosis (years)	
18 - 30	27 (14.3)
31 - 40	53 (28.0)
41 - 50	27 (14.3)
51 - 60	40 (21.2)
>60	42 (22.2)
Tumour histology	
NHL	71 (37.6)
Leukaemia	62 (32.8)
HL	26 (13.8)
Myeloma	25 (13.2)
MDS/MPN	5 (2.7)
HIV status	
Negative	115 (60.8)
Positive	74 (39.2)
Smoking status	
Never smoker	117 (61.9)
Ever smoker	72 (38.1)
Current smoker	19 (10.1)
Ever received radiation treatment for cancer	8 (4.2)
Duration of radiation treatment (days)	
1 - 20	2 (1.1)
21 - 30	3 (1.6)
Do not know	3 (1.6)
Ever had a radiation scan	186 (98.4)
Type of radiation scan*	
X-ray only	49 (25.9)
CT scan only	7 (3.7)
X-ray and CT scan	116 (61.4)
X-ray and MRI scan	5 (2.6)
CT scan and MRI scan	1 (0.5)
X-ray, CT scan and MRI scan	8 (4.2)
Ever worked with radiation	1 (0.5)
Potentially uranium-related exposure characteristics	
Ever craved and ate soil	51 (27.0)
Source of soil for consumption*	
Own/neighbour's/relative's yard	27 (14.3)
Purchased from store	4 (2.1)
Purchased from roadside vendors	28 (14.8)
Time periods of soil consumption	
Childhood	14 (7.4)
Adulthood	31 (16.4)
Childhood and adulthood	6 (3.2)
Pregnancy	19 (10.1)
Sources of water for drinking or cooking*	
During childhood	
Piped water (tap)	145 (76.6)
Borehole	16 (8.5)
Well	14 (7.4)
River	22 (11.7)

Continued ...

Table 1. (continued) Demographic, clinical and uranium-related exposure characteristics of patients from the prospective case series of haematological malignancies at CHBAH, SA, 2014 and 2015

	Haematological cancer patients (N=189), n (%)
During adulthood	
Piped water (tap)	185 (97.9)
Borehole	4 (2.2)
Well	1 (0.5)
River	3 (1.6)
Sources of meat and animal products (including milk)*	
During childhood	
Own/neighbour's/relative's yard	65 (34.4)
Purchased from store	155 (82.0)
Purchased from roadside vendors	18 (9.5)
During adulthood	
Own/neighbour's/relative's yard	28 (14.8)
Purchased from store	182 (96.3)
Purchased from roadside vendors	13 (6.9)
Sources of vegetables*	
During childhood	
Own/neighbour's/relative's yard	69 (36.5)
Purchased from store	130 (68.7)
Purchased from roadside vendors	67 (35.4)
During adulthood	
Own/neighbour's/relative's yard	29 (15.3)
Purchased from store	158 (83.6)
Purchased from roadside vendors	84 (44.5)

CHBAH = Chris Hani Baragwanath Academic Hospital; SA = South Africa; NHL = non-Hodgkin's lymphoma; HL = Hodgkin's lymphoma; MDS/MPN = myelodysplastic/myeloproliferative neoplasm; CT = computed tomography; MRI = magnetic resonance imaging.
*Percentages >100% owing to multiple choices.

and myelomas (13.2%). Overall, 14.3% of participants were aged 18 - 30 years at diagnosis, and 43.4% were aged ≥ 51 years (Table 1). HIV status varied according to tumour histology, with 70.4% of patients with NHL and 53.9% with HL being HIV-positive. Whereas the distribution of diagnoses among women did not differ from the overall distribution, men were more frequently diagnosed with NHL (39.8%), followed by leukaemia (33.7%), myeloma (13.3%), HL (10.2%) and MPN/MDS (3.1%). Leukaemia was most commonly diagnosed among participants aged 18 - 30 years and >60 years (25.8% and 27.4%, respectively). The proportion of myelomas increased with age and was highest in participants aged >60 years. HL and NHL were most frequently diagnosed in participants aged 31 - 60 years. The majority of NHL subtypes were diffuse large B-cell lymphoma (DLBCL) (40.8%), and several cases of BL (19.7%) and plasmablastic lymphoma (PBL) (14.1%) were reported. Participants diagnosed with these subtypes were also predominantly HIV-positive: 75.9% of DLBCL, 100% of BL and 100% of PBL. Similarly, high proportions of participants with HL, i.e. 54.6% of mixed-cellularity (MC), 37.5% of nodular sclerosis (NS) and 33.3% of lymphocyte-depleted (LD) subtypes, were HIV-positive. Acute myeloid leukaemia accounted for 45.2% of cases of leukaemia, followed by chronic myelogenous leukaemia (24.2%), chronic lymphocytic leukaemia (19.4%) and acute lymphoblastic leukaemia (11.3%).

Potentially uranium-related exposure characteristics

Of the 189 patients with haematological cancers, 12 (6.3%) reported having worked on mines, for time periods ranging from 1 month to 18 years. They were all men and were diagnosed with leukaemia ($n=5$), myeloma ($n=3$), NHL ($n=3$) and MDS/MPN ($n=1$). All of them had worked on goldmines and 2 had also worked on coal mines

and platinum mines. However, some mine workers had been assigned to clerical, cleaning or security tasks ($n=4$, 33.3%).

Craving and eating soil was a habit of 51 participants (27.0%), mostly women ($n=40$, 78.4%) (Table 1). The main sources of soil for consumption were roadside vendors and yards (41.2% and 39.2%, respectively), while a few individuals purchased soil from stores (5.9%). Soil consumption occurred more frequently during adulthood than childhood (60.8% v. 27.5%), and 19 women (47.5%) had consumed soil during pregnancy. The distribution of diagnoses among soil consumers did not differ from the overall distribution.

The main source of water for drinking and cooking was piped (tap) water during both childhood and adulthood (76.6% and 97.9%, respectively). Other sources of water reported by the participants were borehole (8.5% and 2.2%), well (7.4% and 0.5%) and river (11.7% and 1.6%) water. The most frequent source of meat and animal products and vegetables was stores during both childhood and adulthood (82.0% and 96.3%, respectively, for meat and animal products and 68.7% and 83.6% for vegetables) (Table 1).

Geographical characteristics and lifetime residential history

Table 2 shows the residential characteristics, distance from the hospital and referral patterns of the participants. At the time of the interview all were living in SA, particularly in Gauteng Province (94.7%), in Soweto (58.2%), Vereeniging (9.0%), Johannesburg (8.5%) and other cities/towns (24.3%); the rest were from the provinces of North West, Free State and Mpumalanga (5.2%). Approximately half of the respondents reported having lived in their current residence for ≥ 20 years (49.2%), including 24.9% for ≥ 35 years. Patients were mainly referred to CHBAH by government clinic doctors

Table 2. Residential characteristics, distance to the hospital and referral patterns of patients from the prospective case series of haematological malignancies at CHBAH, SA, 2014 and 2015

	Haematological cancer patients (N=189), n (%)
Province at time of interview	
Gauteng	179 (94.7)
North West	8 (4.2)
Free State	1 (0.5)
Mpumalanga	1 (0.5)
Main place at time of interview	
Soweto	110 (58.2)
Johannesburg	16 (8.5)
Vereeniging	17 (9.0)
Lenasia	5 (2.6)
Heidelberg	4 (2.1)
Krugersdorp	2 (1.1)
Vanderbijlpark	3 (1.6)
Other	32 (16.9)
Years at residence at time of interview	
<1	7 (3.7)
1 - <10	44 (23.3)
10 - <20	45 (23.8)
≥20	93 (49.2)
Type of transport to CHBAH	
Taxi	104 (55.0)
Own vehicle	53 (28.0)
Bus	10 (5.3)
Other*	22 (11.6)
Travel time to CHBAH (hours)	
<1	145 (76.7)
1 - <2	32 (16.9)
≥2	12 (6.3)
Referral to CHBAH	
Government clinic	84 (44.4)
Referral hospital	46 (24.3)
Private doctor	38 (20.1)
Other†	21 (11.1)

CHBAH = Chris Hani Baragwanath Academic Hospital; SA = South Africa.

*Includes ambulance and transportation in a relative's vehicle.

†Includes family member and self-referral.

(44.4%), referral hospitals (24.3%) or private doctors (20.1%). Those referred to CHBAH by another hospital were mostly diagnosed with leukaemia (60.9%), followed by NHL (26.1%), myeloma (8.7%), HL (2.2%) and MDS/MPN (2.2%). Most respondents were living <1 hour from CHBAH (76.7%) and using taxis (55.0%), their own vehicle (28.0%) or an ambulance (10.1%) to get to CHBAH.

Lifetime residential history from birth to 29 years of age was available for all 189 respondents, from 30 to 44 years of age for 161/189 (85.2%, total 165 respondents) and from 45 years to the present for 95/189 (50.3%, total 97 respondents). The mean (SD) number of different places of residence reported for the five age periods was 2.1 (1.0) per respondent; 30.7% of respondents reported only one lifetime place of residence, 40.7% two places and the remainder three to five places. Of the participants reporting one lifetime place of residence, 67.2% were living in Gauteng and 51.7% in Soweto. Lifetime geographical distribution by country showed

that most respondents had been born and lived in SA, particularly in Gauteng Province and Soweto, and the proportion of respondents living in SA and Gauteng increased with age periods (92.6% and 52.4%, respectively, at birth and 96.9% and 88.7% at ≥45 years of age). The remaining respondents had been born and lived in Zimbabwe, Mozambique, Lesotho and the Democratic Republic of the Congo before coming to SA.

Discussion

In our study population, when classifying diagnoses into broad clinical categories, NHL was the most frequent haematological cancer diagnosed during the study period 2014 and 2015, followed closely by leukaemia. The distribution of diagnoses is comparable to that for all haematological cancers prospectively diagnosed at CHBAH during the same period (N=556), although there were fewer cases of NHL in our study population (37.6% v. 44.8%), which may be due to the poor prognosis of NHL, resulting in a lower number of NHL patients interviewed. Moreover, our results are similar to those from a previous retrospective case-series study at CHBAH,^[17] as well as studies in the Eastern Cape Province^[18] and at national level with data from the South African National Cancer Registry.^[19]

HIV status was available for all our participants, as testing has become a routine procedure at the clinic and no patient refused to give access to their HIV status; 39.2% of participants were HIV-positive. The prevalence of HIV infection in SA was estimated at 11.2% in 2015.^[20] This difference in prevalence estimates can be explained by the role of infections in the aetiology of HMs. NHL has been recognised as an AIDS-defining malignancy, in particular for some specific subtypes, including BL, DLBCL and PBL.^[21] A previous study conducted at CHBAH showed an increase in NHL frequency in HIV-positive individuals between 1993 and 2012.^[22] In addition, previous studies have observed positive associations with HL in HIV-positive patients.^[21,23,24] Our results are in agreement with these findings, as most patients with NHL and HL (in particular DLBCL, BL and PBL, and MC and NS subtypes) were HIV-positive. Moreover, in the overall population of patients with HMs prospectively diagnosed at CHBAH in 2014 and 2015, the rate of HIV seropositivity was highest among those with NHL and HL (70.4% and 53.9%, respectively). These results show that it is essential to collect information on HIV and other infectious diseases along with diagnosis, as well as on subtypes of HMs, in order to identify infection-related malignancies and understand the burden of HMs in this population.^[25]

In our study population overall, HMs occurred more frequently in males than in females, as was seen over the 2004 - 2013 time period at CHBAH^[17] and in other studies conducted in SA,^[18] in Europe^[26,27] and worldwide.^[28] However, we observed gender differences in types of HM, as HL was more frequently diagnosed among women than men. This differs from the studies listed above,^[18,26-28] in which all haematological cancers were more frequent in men than in women, and with the previous findings at CHBAH,^[17] in which myeloma affected more women than men. In addition, age distribution differed across diagnoses: leukaemia was most commonly diagnosed in young participants and myeloma in participants aged over 60 years, the proportion of HL increased with age until 40 years and then decreased, and the proportion of NHL peaked at 31 - 40 years and then decreased after 60 years. This corresponds to the patterns observed in SA.^[17-19] Moreover, 38.1% of participants had ever smoked for at least 6 months and some had been exposed to radiation through cancer treatment (4.2%) and scans (98.4%). These findings confirm the relevance of recording individual potentially confounding lifestyle factors such as smoking and radiation.

Questionnaires were administered to our study participants by trained interviewers, and overall the information collected on uranium-related exposure pathways was complete. Working on mines was reported by 6.3% of the participants, although some participants' tasks were not related to mine working (clerical, cleaning and security). In SA, mining of gold and uranium ore represents 21% of the mining industry, and the number of direct employees in the goldmining industry was ~105 000 in 2015.^[29,30] Although a small proportion of participants in our study reported working on mines, the proportion of men and women occupationally exposed to uranium through goldmine work may therefore not be negligible in larger populations, confirming that investigating uranium exposure requires assessment of occupational exposure of the population living in mining areas, and that it is necessary to collect further information on specific tasks related to and duration of mine work.^[17]

In populations living in mining areas, consumption of contaminated soil is a suspected pathway for uranium exposure. Soil consumption (geophagia) is the deliberate consumption of earth in the form of soil and clay. This habit is practised worldwide and is common in southern Africa.^[31] Reasons for geophagia include cultural and religious beliefs, medicinal purposes and mineral deficiency, but it may have health complications such as iron deficiency anaemia, lead poisoning and lack of nutrients in the diet.^[32] Geophagia was practised by nearly a third of our study population, mostly women, and was particularly prevalent among pregnant women. Studies on geophagia in various SA female populations have reported prevalence estimates ranging from 54% in a survey of pregnant women taking antenatal classes at a clinic on the border of Gauteng and North West provinces^[33] to 75% in a rural area of the Eastern Cape.^[34] Our figure, although lower because our subjects did not comprise only pregnant women, shows that geophagia is not a negligible factor in the assessment of uranium exposure pathways. The study participants consumed soil from their own yards (or neighbours' or relatives' yards) and from roadside vendors. If the sources of soil are located in the vicinity of mine tailings, it could potentially have elevated concentrations of uranium and radium. Future studies should collect detailed information to properly assess uranium exposure due to geophagia, such as the frequency and quantity of soil ingested, as well as baking methods and selling of mine tailing cookies.^[33]

Drinking and consumption of contaminated water and food are thought to be potential pathways for uranium exposure.^[1,35] Although 77 - 98% of our participants had drunk piped water during both childhood and adulthood, some also drank borehole water (8.5% during childhood and 2.2% as adults), well water (7.4% and 0.5%) and river water (11.7% and 1.6%). While these proportions were not negligible during childhood, we noted that drinking of piped water increased to nearly 100% in adulthood, with a corresponding decrease in drinking of borehole, well and river water. In the Witwatersrand goldfields, the mine tailings are the largest source of uranium water pollution.^[1] Government reports have confirmed that not only are many rivers and streams in goldmining areas contaminated by uranium, including streams used by residents for domestic activities such as drinking and cooking, but some tap water in downstream municipalities is also affected.^[36-38] Moreover, a study established a geostatistical association between elevated uranium concentrations in untreated borehole water consumed by farmers and the occurrence of haematological abnormalities (serving as a proxy for leukaemia).^[35,39] Other studies have demonstrated that drinking of uranium-contaminated water was associated with increased incidences of leukaemia in several counties in Florida, USA,^[7] and with NHL in Canada.^[8] Our study participants reported that most of the vegetables and animal products they consumed were purchased

from stores, therefore without their knowing the location of the production sites, while lower proportions came from their yards (or neighbours' or relatives' yards). Vegetables, animals and fish may be contaminated by uranium through contaminated soil and water, and then consumed by the population. These findings indicate that uranium exposure from drinking water and food consumption habits should be investigated in the populations living in the vicinity of goldmining tailings, and furthermore that measurement data should be coupled with questionnaires on water and food consumption.^[5]

Lifetime residential history was recorded in the study, participants reporting the place of residence in which they had spent most time for five age periods. Lifetime residential mobility was generally low, with 30.7% and 40.7% of participants reporting one and two places of residence, respectively, and approximately half having lived in their current residence for ≥ 20 years. The vast majority of participants were living in Soweto, in Gauteng – including participants who reported one or two lifetime places of residence – where uranium concentrations from goldmine tailings were recently found to be higher than recommended safe limits.^[40] Although the information on lifetime residential history was complete, street names and postal codes were not recorded or did not exist. As a consequence, GIS co-ordinates were not available and the residential history of participants could not be geocoded with accuracy. In future studies investigating environmental uranium exposure, the location of residence of the participants should be collected in a way that would allow determination of the GIS co-ordinates and associate residential data with environmental exposure data.

Study limitations and strengths

Our study has some limitations. First, as GIS co-ordinates were not recorded along with the residential history, geocoding of the lifetime places of residence of the participants could not be performed. Second, the fact that participants had various referral patterns to CHBAH, including referral from other hospitals, may have led to inconsistencies in addresses reported as it was observed in the previous retrospective case series that some participants gave a temporary residence such as a referral hospital, hostel, nursing home or prison instead of their permanent place of residence.^[17] However, the active recruitment of cases may have avoided claiming of incorrect residential addresses.

Strengths of our study include the prospective recruitment and the number of haematological cancer patients at CHBAH, the description of the burden of HMs in a population living in mining areas, and the collection of lifetime residential history. To our knowledge, this is the first attempt to describe potential environmental uranium exposure pathways in a population living in goldmining areas in SA. The recruitment of the cases at a tertiary hospital (CHBAH) further allowed us to obtain information on participants' HIV status, which would not have been accessible from the National Cancer Registry.^[19] All the above factors appear to be relevant in the investigation of environmental uranium exposure and risk of haematological cancer. Estimation of environmental lifetime exposure in future studies should be facilitated by the stability of residential history in the area, as we found that many of our respondents had lived in the same place for over 20 years.

Conclusions

Together with the results from the retrospective case-series analysis of HMs, our study confirmed that a large number of participants can be recruited through the Haematology Unit at CHBAH.^[17] Overall, participants were willing to give access to their HIV results and to complete the questionnaire. We identified several pathways for

potential environmental uranium exposure in our study population, including occupation as mine workers, geophagia, drinking of non-bottled water and consumption of vegetables and animal products grown in the vicinity of mine tailings, which could be related to increased uranium exposure. The active recruitment of participants allowed us to collect their lifetime residential history, which showed low residential mobility in our study population, although detailed information on the residences' locations will be needed in further studies to geocode patients' residential history with GIS co-ordinates and apply it in a virtual geographical environment (VGE). The GIS and VGE data may provide, in addition to levels of uranium and its decay products in water, soil, air and biota, a detailed mapping of uranium exposure pathways and patterns.^[41] Our findings suggest that further research on environmental uranium exposure in mining areas and HM risk using traditional epidemiological designs is feasible.

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Conflicts of interest. None.

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