

## Introducing the Cochrane nutrition & public health thematic group

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# Introducing the Cochrane Nutrition & Physical Activity (NaPA) Thematic Group



**Background:** Improving nutrition and physical activity is a global health and development priority. Within Cochrane's new production model, a Thematic Group (TG) with **specialist content and methods expertise to support the production and uptake of high-quality evidence syntheses** on priority topics is needed.

## Objectives

- 1) Increase the **relevance, timeliness** and **quality** of evidence syntheses aligned with our scope;
- 2) Ensure the **sustainability** of the group;
- 3) Increase the **impact** and **visibility** of evidence syntheses aligned with our scope across all target audiences; and
- 4) Ensure **accountability** of the group to the Cochrane Charity and between the partnering groups.

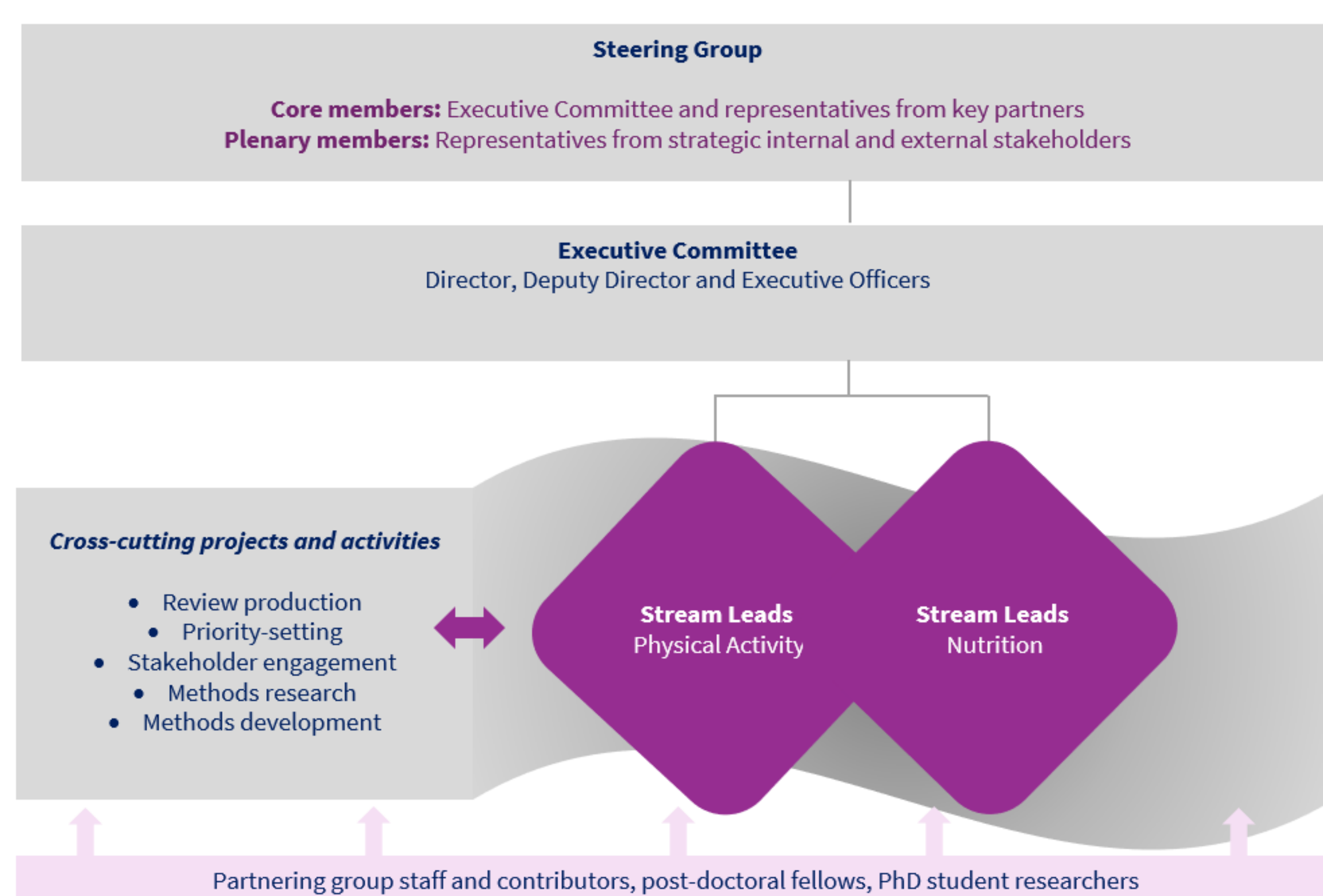
Priority-setting

Collaboration

Evidence synthesis

Impact

## Governance



## Get involved

Please visit our website for more details

<https://www.cochrane.org/about-us/our-global-community/thematic-groups/nutrition-and-physical-activity> (Or scan QR code below)

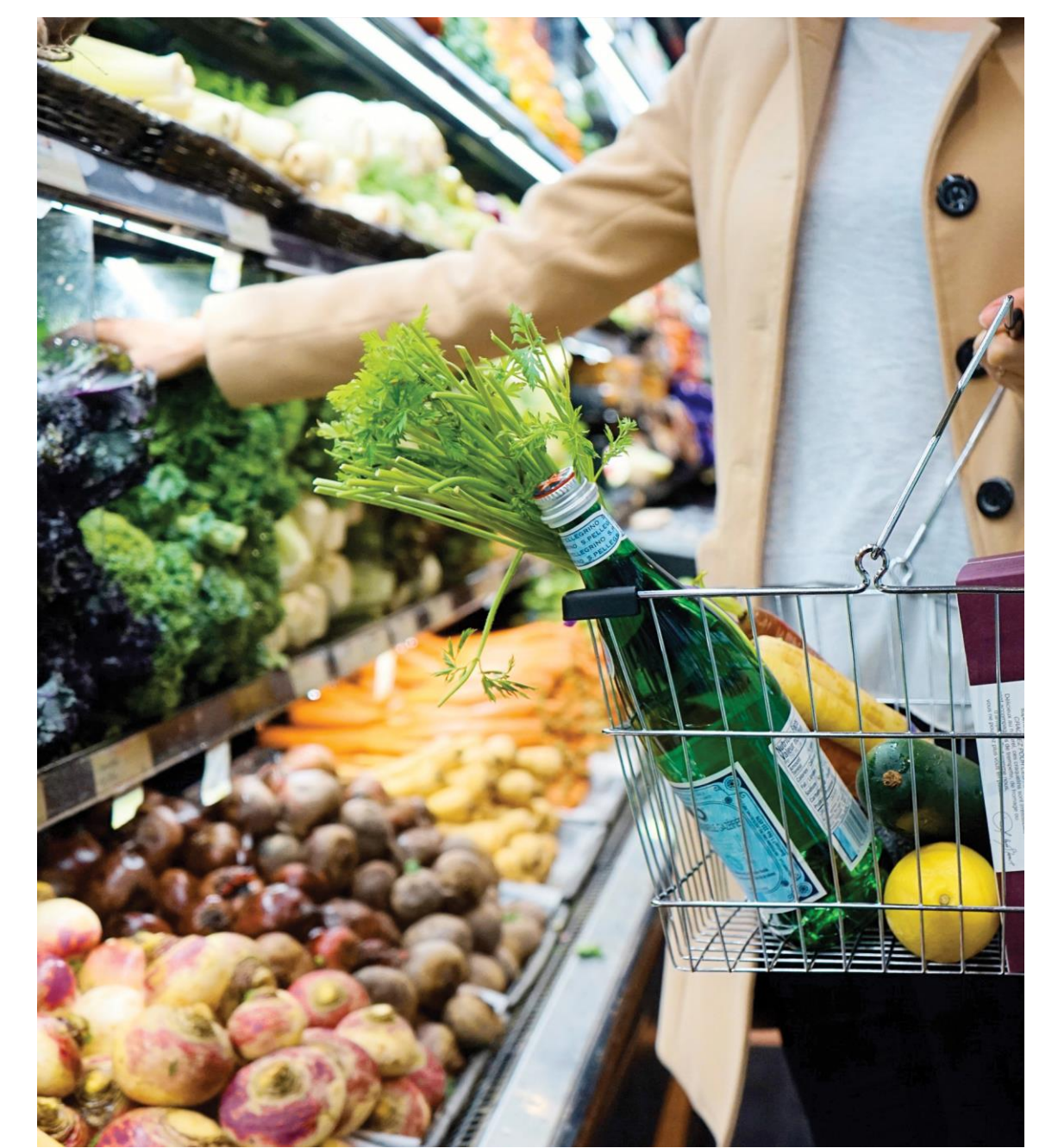


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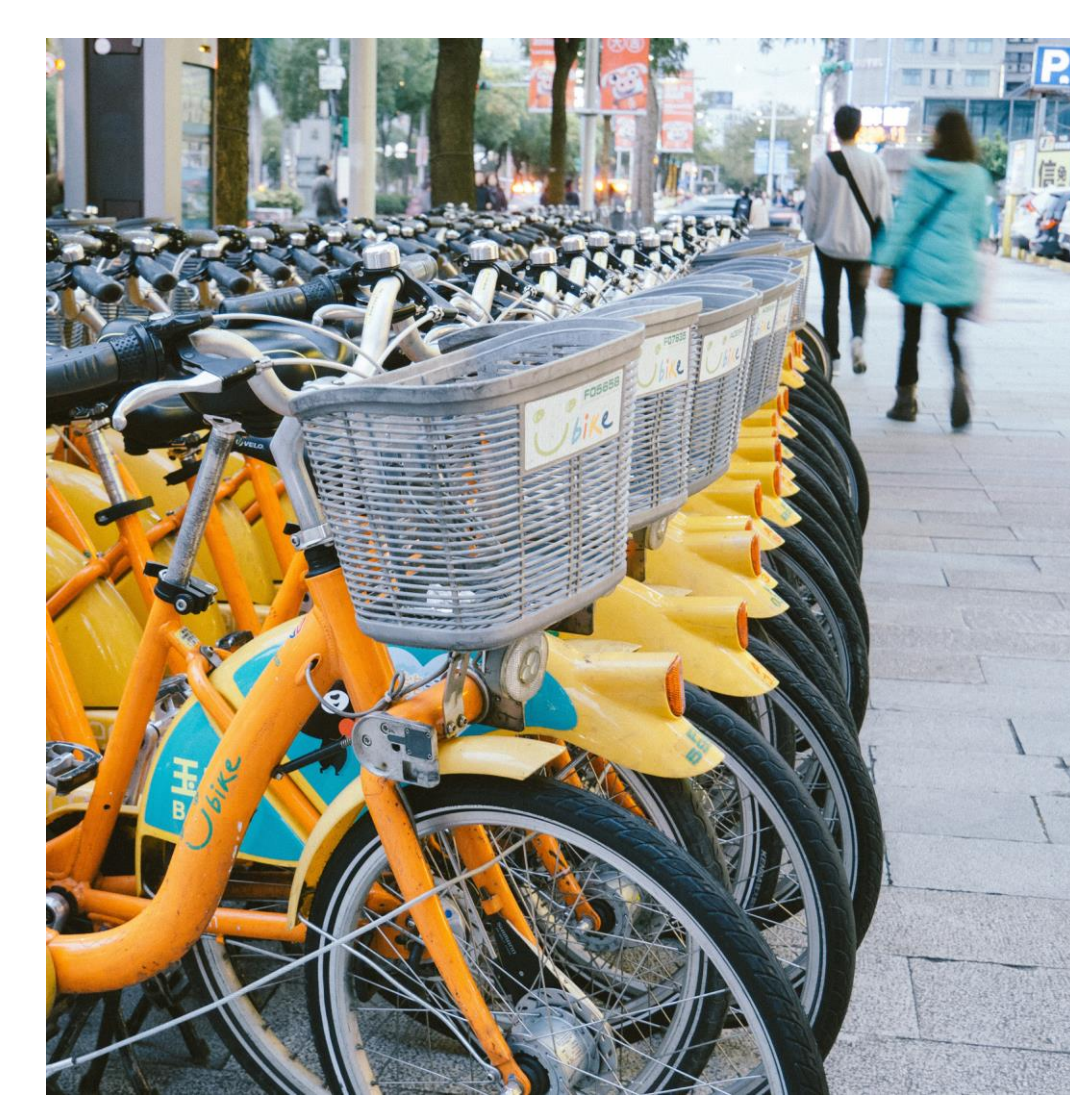
## Scope

1. Priority **nutrition-related interventions strategies** to improve diets and nutrition at individual, community, and population levels to **reduce the triple burden of malnutrition** and its associated consequences

- Diets (quantity, quality, diversity, safety, adequacy)
- Consumer behaviours (choices & awareness around acquiring, preparing, cooking, storing & eating food)
- Food environments (availability, access, affordability, acceptability, information, guidelines & advertising, food safety & quality, policy conditions)
- Food supply (retail, marketing, packaging, processing, manufacturing, storage, trade, production)



2. Priority population or community-level **physical activity interventions to reduce sedentary behaviour**

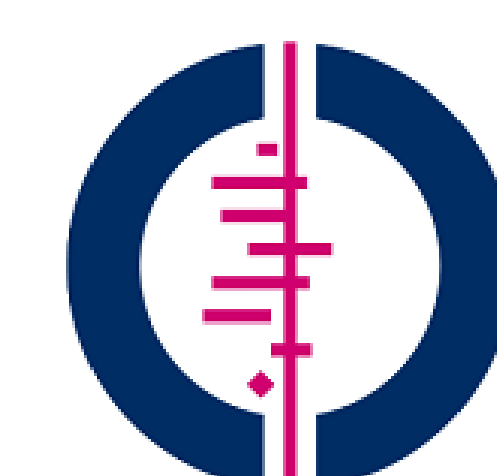


- Settings outside healthcare (e.g. education, transport, built environment, agriculture, child care).
- Strategies to improve translation of physical activity intervention into policy and practice
- Pathways, methods, effects and evaluation approaches of physical activity interventions *scaled-up* to the population level

3. Activities will focus on **reducing inequity** and addressing the needs of vulnerable and disadvantaged people and population groups.

Considered out of scope:

- pharmaceutical-only or herbal medicines and products
- plants or other components not routinely used in food (e.g. Echinacea)
- non-nutritional applications of nutrients or bioactive food components
- physical activity interventions for individuals' management, treatment or targeted prevention of specific clinical conditions, nor as part of rehabilitation programs.



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Nutrition and  
Physical Activity